

## Our Mission

Our Mission is to empower individuals and families living with mental health and substance use concerns by providing counseling, Care Coordination, and supportive services.

We focus on individual strengths to foster the achievement of personal goals and healthy decisions.

We do this because we value diversity and choice, and we are dedicated to providing a welcoming environment where everyone learns, feels respected, and is genuinely understood.



## Contact Us

*Alternatives in Psychological Consultation (APC) is a holistic social service agency established in 1995 to meet the needs of children, youth, adults, and families.*

### Website:

[www.altlig.com](http://www.altlig.com)

Phone: 414-358-7999

Fax: 414-393-1640

Email: [apc@altlig.com](mailto:apc@altlig.com)

### Main Location:

10045 W. Lisbon Avenue

### Directions:

From 94 take 45 North  
Then take Capitol Drive East to  
West Lisbon Avenue  
(On the 62 Bus Line)

### South Side Location:

6737 W. Washington St.  
#1300(OP), #1325(CCS), #3105(TCM),  
& 2215(CCS Ancillary)

### Directions:

From 94 take 70th St exit South,  
then East on Washington St.

## Alternatives In Psychological Consultation



*Where There Are No  
Wrong Doors, Only  
Alternatives!*



## Community Services for Adults

### Targeted Case Management (TCM)

APC contracts with Milwaukee County to provide case management and other supportive services to adults with mental health and/or substance use concerns. We connect participants to various resources, which assists them to thrive and live independently in the community.

*Those interested in this program should contact Milwaukee County Community Access to Recovery (CARs) at 414-257-8085.*



### Comprehensive Community Services (CCS)

Through this program, APC provides a comprehensive array of recovery services, treatment, and psychosocial rehabilitation services that assist individuals in utilizing professional, community, and natural supports to address their needs.

It is a recovery-focused, integrated behavioral health program for qualifying individuals who have Medical Assistance and have a mental illness and/or substance use diagnosis.

**Website:** <http://county.milwaukee.gov/ccs.htm>  
**Phone:** 414-257-6060

## Community Services for Youth & Families

### Care Coordination Services

Care Coordination is offered through the following programs to help youth and families access and navigate community resources and services to address complex mental health and substance use concerns.

- ◆ **Wraparound**
- ◆ **Reach**
- ◆ **Comprehensive Community Services (CCS)**

Each program offers unique services and have eligibility requirements. Contact Milwaukee County to determine which program would best fit your needs.

*For More information, call Milwaukee County at 414-257-7607.*



### Family Support Services

Our Family Support Services (FSS) program provides numerous person-centered services to children and families in Milwaukee County. Keeping families together and safe is our goal and is at the heart of what we do! Services include:

- Crisis Stabilization
- Individual & Family Training & Support Services
- Mentoring

*Referrals for services should be faxed to 414-393-1624.*

## Outpatient Counseling

Our state-licensed clinicians provide individual, family, couples & group therapy to adults, youth, children and families with a variety of concerns including:

- Depression & Anxiety
- Substance Use & Trauma
- Anger management & Stress
- Grief, Adjustment issues, and more!

We accept Medicaid, Medicare, a variety of HMOs, private insurances, and private pay. A sliding fee scale also available.

*For questions regarding insurance, or to make an appointment, call 414-358-7144.*



## Psychiatric Nurse Program

The APC psychiatric nurse program, located at the Milwaukee County Vel R. Phillips Juvenile Justice Center, provides detained youth with screening and other mental health services. Safety of youth within this setting is our primary goal. Our nurses:

- Are skilled behavioral health professionals
- Have experience working with co-occurring concerns
- Specialize in the care of children and adolescents.